



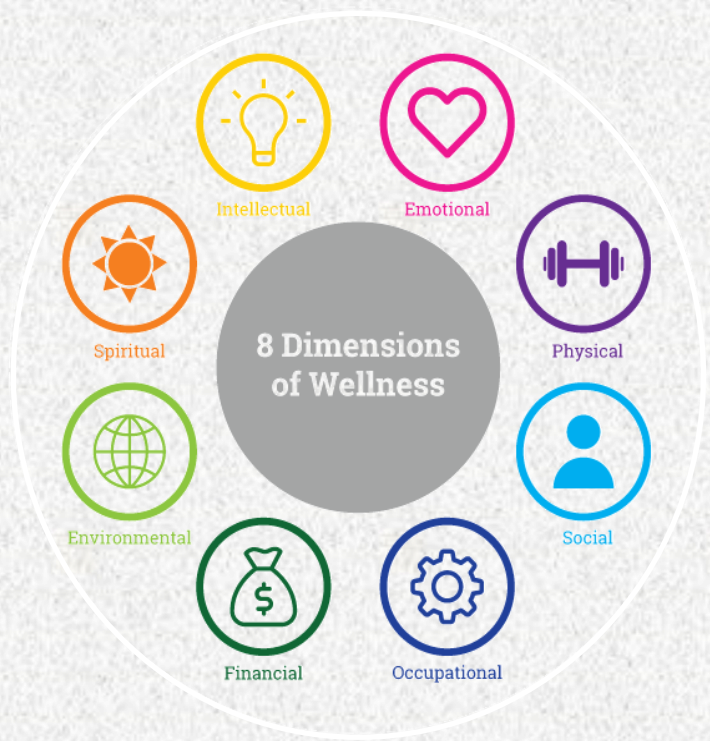
The Junction

Where VMRC Comes Together!

May 2024

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Social Wellness

Social interactions with family, friends, neighbors and chosen peer groups can be valuable for maintaining health. Personal contact by joining clubs, travelling, visiting friends and family, engaging in intergenerational experiences like making quilts with elementary school children is beneficial for everyone involved.



The Junction

Where VMRC Comes Together!

May 2024

THIS MONTH'S ON CAMPUS EVENTS

JMU University Chorus Spring Concert

Friday, May 3, 4 to 4:45 PM

Strite Auditorium

Under the direction of Dr. Bryce Hayes, twenty-four tenor and bass vocalists will present both sacred and secular pieces. They will be joined by collaborative pianist Linlin Huang.

Resident I.D.E.A. (Inclusion, Diversity, Equity and Access) Committee Meeting

Wednesday, May 8, 2 PM

Heritage Haven Conference Room



Watch Battery Replacement Service

Thursday, May 9, 9:30 to 10:30 AM

Park Gables Game Room

Ken Layman will be available to replace watch batteries. Please bring \$7 for the cost of the battery and installation.

VMRC Veterans Club Meeting

Friday, May 10, 10 AM

Park Gables Game Room

VMRC Poetry Group

Wednesday, May 15, 10 AM

Park Gables 5th Floor Lounge

Valley Village Movie - O, God!

Thursday, May 16, 3 PM

Park Place Theater

Mason Street Brass Quintet

Thursday, May 16, 7 PM

Detwiler Auditorium

Parkinson's Support Group

Monday, May 20, 2 PM

Park Gables Game Room

EMS Peacebuilding Gathering #4

Tuesday, May 21, 9:15 to 11:45 AM

Contact Lolly Miller for details.



Sentara RMH Mobile Mammography Van



Thursday, May 16

Parked Along Heritage Drive

A mammogram is the best way to find cancer in its earliest stages. If detected early, 90% of women can be treated successfully.

3D mammography is also offered.

Registration is required. For more information or to schedule your appointment, call Sentara RMH Funkhouser Women's Center at 540-689-6800 or 1-800-277-1021.

THIS MONTH'S ON CAMPUS EVENTS (CONTINUED)

VMRC Sustainability Club Meeting

Wednesday, May 22, 1 PM

Heritage Haven Conference Room

Benefits of the Continuum of Care at VMRC

Thursday, May 23, 2 PM

Strite Auditorium

What are the benefits of Crestwood Assisted Living at VMRC and how do I know when it is time to take advantage of what is offered? Enjoy a tour of a Crestwood neighborhood. Refreshments will be provided.



Memory Care Plant Swap: "Buy a Plant or Trade a Plant"

Monday, May 24, 1:30 to 3:30 PM

Crestwood Front Porch

Memory Care residents will be hosting their first annual plant swap! All staff, residents and family members are invited to either bring a plant to trade or purchase one from our gardeners. All purchased plants will be by donation only. The monies will be used for Memory Care programming. Plants for sale include common household plants and small outdoor potted plants.

Juried Art Exhibition Overview with Michael Hough

Saturday, May 25, 11 AM

Detwiler Auditorium

Bridgewater College Art Professor, Michael Hough, will offer insight into the artwork presented in the Juried Art Exhibition this year.

Juried Art Exhibition Opens

Sunday, May 26

Park Gables Gallery

A diverse exhibition is planned for your enjoyment. There will be 95 pieces on display representing 81 artists from 19 different states. There are 34 artists that are new to the exhibition this year.

IDEA Conversations - My Role in the Doctrine of Discovery

Tuesday, May 28, 2 PM

Detwiler Auditorium

Carolyn Nowlin, former high school English teacher and active VMRC volunteer, shares her personal quest to understand how the Doctrine of Discovery led to centuries of injustice for Native Americans. Papal bulls and a Supreme Court decision supported this morally unjust doctrine which displaced thousands of indigenous people.



1970's Theme Spring Fling for VMRC IL Residents

Friday, May 31, 6:30 PM Cost: FREE

Detwiler Auditorium

It's time to officially welcome spring here at VMRC! Get ready to roll back to the 1970's with our live DJ and consider coming dressed in your favorite 1970's outfit. This signature event will also include a delectable dessert bar and beverages. Be sure to join us for a fun evening! Limited seating is available so sign up at the Wellness Center now.

THIS MONTH'S ON CAMPUS EVENTS (CONTINUED)

Knitting & Crochet Group - Project Linus

Wednesdays, 10 AM

Park Gables Third Floor Lounge

Come create blankets for Project Linus. These are given to children in long-term care for illness and/or trauma. Lots of donated yarn and needles are available. Contact Park Gables resident Betty Brunk at brunkbetty@gmail.com with questions.

Spades

Wednesdays, 4 to 5 PM

Park Gables Game Room

All skill levels welcome!

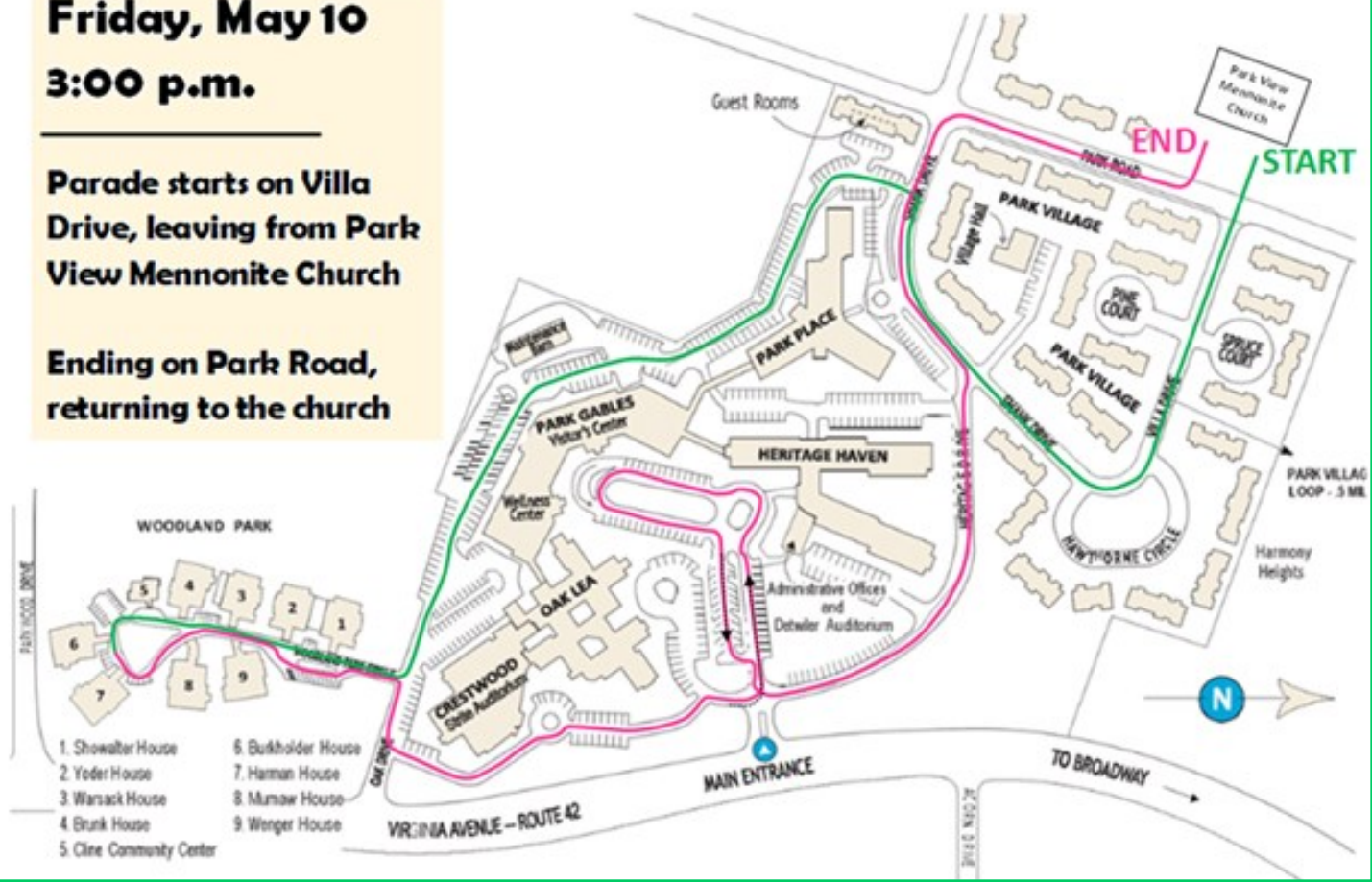


2024 VMRC Around the World Parade Route

Friday, May 10
3:00 p.m.

Parade starts on Villa Drive, leaving from Park View Mennonite Church

Ending on Park Road, returning to the church



THIS MONTH'S OFF CAMPUS EVENTS

(Sign up on K4, at the Wellness Center or call 540-574-3850.)

Trip to Mennonite-Brethren Heritage Center

Wednesday, May 1 Cost: \$10

Departing: HH at 1 PM PG at 1:05 PM PP at 1:10 PM Returning at 3:30 PM

Join us for an opportunity to learn and celebrate the historical and spiritual legacies of Brethren and Mennonites in the Shenandoah Valley. Sign up on K4 or at the Wellness Center.

Trip to The Farm at Willow Run

Friday, May 17 Cost: Free

Departing: HH at 9 AM PG at 9:05 AM PP at 9:10 AM Returning at 11:30 AM

Come to the farm that VMRC owns and get a full tour. Sign up on K4 or at the Wellness Center.

MAY GROCERY TRIPS

(Sign up on K4, at the Wellness Center or call 540-574-3850.)

Weekly Grocery Trips

Walmart

Departing: HH at 9:30 AM

Tuesday, May 7

PP at 9:35 AM

Returning at 11:30 AM

Kroger

Departing: HH at 9:30 AM

Tuesday, May 14

PP at 9:35 AM

Returning at 11:30 AM

Martin's

Departing: HH at 9:30 AM

Tuesday, May 21

PP at 9:35 AM

Returning at 12 NN

Harmony Square Food Lion

Departing: HH at 9:30 AM

Tuesday, May 28

PP at 9:35 AM

Returning at 11 AM

INDOOR EXPRESS CART 🌐

Monday - Friday from 9:00 - 11:30 a.m. and 1:00 - 4:30 p.m. (No Express Cart service available from 11:30 - 1:00)
 Call the Park Gables front desk at 540-564-3400 for a ride. As a reminder, the indoor Express Cart is operated by VMRC volunteers and provides FREE indoor point to point transportation from Crestwood to Park Place along Main Street. Riders need to be physically capable of getting on and off the cart independently.



OUTDOOR SHUTTLE 🌐

Free shuttle service is available five days a week 9:00 a.m. to 5:00 p.m. Call the Park Gables front desk at 540-564-3400 for a ride. Allow 10 to 15 minutes for the shuttle to arrive. Closed for lunch break 12:10 - 12:40 p.m.



You are invited to attend our next **Elder Exchange**

Thursday, May 9, 2024 / 6:30-8:00 p.m. / Detwiler Auditorium, VMRC

“Issues of Human Sexuality in Today’s Church ~ Contrasting Views”

Dialogue:

Adam King, United Methodist Lay Leader, RISE Faith Community
Adam Snow, Pastor, Evangelical Presbyterian Church of Elkton

A Monthly Academic Assembly Deliberating Over Issues of Christian Faith & Life

The Format: *In this dialogue format, two speakers share their views on human sexuality and how their faith and interpretation of scripture informs their belief. Contrasting views have split many denominations as well as friends and families. Our challenge as Christians is to disagree without being disagreeable. Following these presentations, an open group dialogue will help discern how this subject resonates with vibrant Christian faith.*

Adam King



“God is Love: Using Love as the Interpreter of Scripture”

For too long the Christian church has been bound by a belief that we must interpret our understanding of love through the lens of Scripture. In doing so, our witness to a God who is love has become cruel and unloving, especially towards members of the LGBTQ community. In this talk, Adam will lay out a hermeneutic of love and show how this radically realigns us with the divine love of Christ.

Adam King is the Graduate Recruitment Professional for Eastern Mennonite Seminary. He holds a Master of Divinity (EMS '18) and a Master of Sacred Theology (Union Theological, NYC '22). He has served in a variety of pastoral roles since 2011 within the UMC, most recently with RISE Faith Community. He is a poet, an avid cyclist and the Father of Jack, a 15 year old who keeps him on his toes pretty much daily.

Adam Snow



“Biblical Authority and Human Sexuality”

Today there is much confusion about human sexuality. The Church has not been immune to this and has struggled to walk out the biblical principle of speaking the truth in love (Eph. 4:15). The Church has not always done this well, often times emphasizing one aspect over the other - either truth or love. One of the goals of the Church should be to help people understand the biblical standard for human sexuality which has at its roots, a proper understanding of the authority of scripture.

Rev. Adam Snow is the pastor of Evangelical Presbyterian Church of Elkton where he has served in the pastoral role since 2017. Prior to serving EPC Elkton as Pastor, Adam served as their Associate Pastor and Ministry Director. Adam, his wife Heather (who works at VMRC), and their 13 year old son Zach, enjoy spending time together as a family and taking part in outdoor activities when time allows.

Free. No registration required. VMRC residents, staff, and community neighbors are welcome.

Elder Exchange, an initiative of VMRC residents, is sponsored by private individuals and VMRC; views expressed in these forums are not necessarily endorsed by the sponsors.

WORSHIP AND FAITH ACTIVITIES

Sunday Broadcast Schedule

9:30 AM Park View Mennonite Church—Broadcast on Channel 704
 10 AM Worship Service in Strite Auditorium—Broadcast on Channel 702
 12 PM Park View Mennonite Church Rebroadcast on Channel 704
 1:30 PM VMRC Service Rebroadcast on Channel 702

Sunday Worship

Organ Prelude 10 AM; Call to Worship 10:15 AM, Strite Auditorium, 10 AM and 1:30 PM on Channel 702

All residents are invited to join us for morning worship. Services are broadcasted on Channel 702 on Sundays and may also be viewed on K4 and on the internet at vimeo.com/vmrcbroadcast.

May 5

Sermon by Roger Dove – Retired Church of the Nazarene Pastor and Park Village Resident
 Worship Leader – Carmen Miller

May 12

Sermon by J.D. Glick – Church of the Brethren Pastor
 Worship Leader – Steve Landis
Special Music by Quartet from Harrisonburg Mennonite Church

May 19

Sermon by Ken Horst – Former Missionary in Italy
 Worship Leader – Steve Landis

May 26

Sermon by Rebecca Tyson – Bible Teacher and Inspirational Speaker
 Worship Leader – Shirley Yoder Brubaker
Special Music by Ben Tyson

Note: Offerings (cash or checks) to support pastoral care ministries can be sent by campus mail to the VMRC Foundation Office. Checks should be made payable to VMRC with “Sunday Worship” on the memo line.

Spiritual Life Opportunities in May

Hilltop Reflections

Wednesday, May 1, 10:30 to 11 AM

Inspiration on VMRC’s Farm at Willow Run

Come to the hilltop to be still, listen, pray and experience the beauty of Gods’ creation. Claire Osinkosky, resident of Heritage Haven, will share and reflect on meaningful Celtic Spirituality readings.

Independent Living residents, please [sign up at the Wellness Center for transportation](#). You are also welcome to walk or drive to the hilltop! Crestwood residents should sign up on their neighborhoods.

Prayer Gathering for Our Community

Tuesday, May 7, 11 to 11:30 AM (Note Change of Time this Month)

Detwiler Auditorium

All residents are invited to join together for a special time of prayer for VMRC, neighbors and the world.

WORSHIP AND FAITH ACTIVITIES (CONTINUED) **Grief Support Group****Friday, May 10, 1:30 PM (Note Change of Time this Month)****Heritage Haven Conference Room**

Residents are invited to this monthly support group for persons who are grieving the loss of a loved one. Come for a time to share, support one another and know you're not alone in your journey. To learn more, Chaplain Steve Landis invites you to contact him at 540-437-4365.

Communion Service, Fellowship & Refreshments**Thursday, May 16, 2 PM****Strite Auditorium**

All are welcome to attend. Led by pastors from local United Methodist churches.

Vespers Service**Sunday, May 19, 3:30 PM****Detwiler Auditorium**

Be inspired by the sharing of Scripture passages from memory as Shenandoah Valley Biblical Storytellers come to present a program.

Tuesday Evening Bible Study**First & Third Tuesdays, 7 PM****Park Place 3rd Floor Activity Room**

May 7 Baker Rigg, Chaplain at Rockingham/Harrisonburg Regional Jail, leads study. May 21 Ric Gullman, Pastor of Morning View Mennonite Church, leads. All VMRC residents are welcome.

Wednesday Evening Bible Study**Every Wednesday, 7 PM****Detwiler Auditorium**

All VMRC residents are welcome to join together for this service of worship and Bible study. The speakers for this month are as follows:

May 1 - Kathy Thompson	May 15 - Millard Sonifrank	May 29 - Eric Martin
May 8 - Aaron Gordon	May 22 - Marvin Slabaugh	

Prayer Meeting**Every Friday, 7 PM****Park Place 2nd Floor "Hearth Room"**

All residents are welcome to join together for a time of sharing and prayer.

WELLNESS CENTER NEWS **Free Hearing Aid Maintenance****Friday, May 3, 1 to 3 PM****Wellness Center**

Woody Driver with Blue Ridge Hearing comes to clean and check hearing aids. Call the Wellness Center at 540-574-3850 to schedule an appointment.

WELLNESS CENTER NEWS (CONTINUED)

Friday, May 10 - Wellness Center Closure From 12:30 to 5:00 PM

The Wellness Center will be closed for the afternoon to participate in VMRC's All-Campus Parade. Outpatient Therapy will remain open.

Blue Ridge Hearing Presentation: "Can You Hear Me Now?"

Wednesday, May 15, 1:30 PM

Wellness Center Activity Studio

Woody and Regina Driver with Blue Ridge Hearing will explain how the ears hear and why sometimes they don't. You'll gain a bit of knowledge about what normal hearing is as well as different types of hearing impairment and what options you have to help correct the problem. Come ready to ask questions!

VOLUNTEER SERVICES

REVEAL OF OUR 2023 CLAUDE HESS DISTINGUISHED SERVICE RECIPIENT

On April 24, at our Annual Volunteer Reception, VMRC was honored to announce **Carolyn Wilson** as our 2023 Volunteer of the Year. Carolyn's green thumb leaves a trail of joy all over our campus. Carolyn grows, creates and delivers beautiful floral arrangements for neighbors, friends, the Main Street Store and countless VMRC programs. Carolyn spends significant time supporting our VMRC Farm at Willow Run, especially with seed starting, potting and the flower program. Carolyn leads the resident Friends of the Farm Club, spreading her energy and enthusiasm and recruiting others to get involved in gardening efforts around campus. Carolyn also supports and leads meaningful programs within her community in Park Village and when the weather turns cold and she can't be at the farm or in the gardens she helps our Life Enrichment team in Supportive Living escort residents in wheelchairs to and from programs happening around campus. Carolyn's contributions have left a positive mark on many lives and we are immensely grateful for her volunteer work at VMRC. Congratulations Carolyn!



ANNUAL HOURS REPORT

Kudos to our VMRC Volunteer Team! Each of you were a part of contributing over **30,000 hours of service** during the last fiscal year that wrapped up on March 31, 2024. This is an increase of more than 3,000 hours in comparison to the year prior. What amazing growth! We are so grateful for your dedication, compassion and care for our community and we look forward to another meaningful year ahead. Thank you!

NEW SUPPLY DRIVE KICKING OFF AT THE VMRC WELLNESS CENTER

Join us May 1-31 in supporting Generations Crossing, a non-profit adult and child daycare center located in Rockingham County. Giving back to the community is an important part of who we are at VMRC and we are delighted to host a supply drive for this wonderful organization during the month of May. Generations Crossing serves up to 24 adults and 108 children from our community by providing compassionate, high quality, intergenerational care that encourages connection, growth and fellowship. VMRC has a long-standing connection to Generations Crossing and we look forward to contributing to their important work in our community by providing them with some much needed supplies. Drop your donations off anytime between May 1-31 at the collection basket located in the front lobby of the Wellness Center. A list of supplies that are needed by Generations Crossing is available on K4 and in printed form at the Wellness Center front desk.

VOLUNTEER SERVICES (CONTINUED)

LOCAL SERVICE-LEARNING TRIP TO ADAGIO HOUSE IN HARRISONBURG - MON. JUNE 3

Join VMRC Volunteer Services for a meaningful, off-campus, service-learning trip June 3 just down the road to local non-profit organization, Adagio House. As one of our fellow Park View neighbors, Adagio House has a vision of: consistently increasing possibilities for our community to access comprehensive care through psychotherapy, holistic wellness, mentoring, sustainable gardening, medical and psychiatric services, psychological testing, and one day, a full-service inn and retreat center with a farm-to-table restaurant employing adults with disabilities. Join VMRC Volunteer Services Manager, Emily Shickel and other fellow IL residents on a trip to their center to learn more about their valuable work in our community and lend a hand with a service project while we're visiting. Learn, serve and connect with our neighbors. You won't want to miss this opportunity! This is a **FREE** trip but participants should be willing and physically able to assist with either a small painting project or light landscaping work during our experience at Adagio House. To register call Volunteer Services at 540-564-3524 or e-mail eshickel@vmrc.org.

Departing: HH at 9:35 AM PG at 9:40 AM PP at 9:45 AM Returning at 12:15 PM

TOP VOLUNTEER NEED

Bargain Center, Silent Auction Coordinator: Join the Bargain Center volunteer team and help us prepare our silent auction sale every other week. A volunteer is needed every other Wednesday to organize the items in the hallway that will be for sale in the silent auction on payday Fridays. The volunteer will create a list of items that will be for sale in the silent auction, assign each item number and set the minimum bid prices for each item. Training provided. This would be a fun opportunity to do with a friend if you and fellow neighbor are interested in tackling this together. Money raised by the VMRC Bargain Center benefits our Employee Assistance Fund which provides emergency financial assistance to VMRC staff who qualify.

If you are interested in the above volunteer position please contact Emily Shickel at Volunteer Services by calling 540-564-3524 or via e-mail at eshickel@vmrc.org.

FOUNDATON NEWS

7th ANNUAL GREAT COMMUNITY GIVE

Thanks to all who supported VMRC through the Great Community Give. To see a full list of results for VMRC and other area non-profits visit: greatcommunitygive.org.

SAVE THE DATES!

An Ageless Legacy: Reflections on 70 Years of Life at VMRC

Tuesday, June 18 at 6:30 p.m. in Detwiler Auditorium

Former VMRC CEO, Judith Trumbo, will moderate a discussion among former and present staff, board members and residents who represent different eras in VMRC's history. What have we learned? What does the future hold? Residents and community members are encouraged to attend.

38th Annual VMRC Golf Benefit in Honor of Diane Weaver

Friday, July 19 at Spotswood Country Club

Team registrations open Monday, May 20. Register at vmrc.org/donate or stop by the Foundation offices. All proceeds support VMRC's Memory Care Endowment.

AFTERNOON MOVIES ON CHANNEL 701

NOTE: Held Wednesday Afternoons at 3 PM Unless Otherwise Noted

May 1 - The Inn of Sixth Happiness

May 8 - The Trouble with Angels = **NOTE: 10 AM showing**

May 15 - Amazing Grace = **NOTE: 10 AM showing**

May 22 - The Secret: Dare to Dream

May 29 - Walk, Don't Run!



Additional Movie Showings on Saturday at 3 PM:

May 4 - The Inn of Sixth Happiness

May 11 - The Trouble with Angels

May 18 - Amazing Grace

May 25 - The Secret: Dare to Dream

June 1 - Walk, Don't Run!



TV CHANNEL 702 BROADCASTING

Also Available Online at vimeo.com/vmrcbroadcast

Sunday Worship from Strite Auditorium

Every Sunday, 10 AM and 1:30 PM

Community Updates with Campus Leaders

Wednesdays, May 8 and 22, 1 PM and 4 PM

WELCOME MAT

Mildred (Millie) Becker, PG
 J. Mark & Beryl Brubaker, PV
 Reuben (Larry) & Erma
 Brubaker Martin, PP
 Martha (Marty) Savanick, PP
 Wanda Strother, HH

ON THE MOVE

Joseph (Paul) Kauffman, HH to
 Blue Ridge Rehab & Nursing
 Connie Tomasso, HH to
 Charlottesville, VA
 Harry Rexrode, HH to
 Richmond, VA

IN LOVING MEMORY

Donald Burkhart
 Donald Foth
 Richard Marcopulos
 Joan Messig
 Thomas Neal
 Douglas Peake
 Craig Peterson
 Mary "Lynne" Rao
 Anna Ropp
 Geneva Suter

A LOOK AHEAD

Juried Art Exhibition Awards Reception

Sunday, June 2, 2 to 4 PM

Park Gables Gallery and Hartman Dining Room

Watch Battery Replacement Service

Thursday, June 6, 9:30 to 10:30 AM

Park Gables Game Room

Ken Layman will be available to replace watch batteries. Please bring \$7 for the cost of the battery and installation.

A LOOK AHEAD (CONTINUED)

Exhibit Viewing - A Mixed Legacy: The Brethren & Mennonite Record of Racial Separation and Connection / Field Trip to the Brethren- Mennonite Heritage Center Sponsored by the VMRC Resident IDEA Committee

Thursday, June 6, 10 AM to 12 NN Suggested Donation: \$10 cash or check

Sign up at the Wellness Center. Limited enrollment. If you prefer to drive separately please still register. Contact Park Gables resident Tim Jost at jostt@wlu.edu with questions.

Trip to Park View Federal Credit Union Member Appreciation Event for VMRC IL Residents

Thursday, June 6, 4:30 to 6:45 PM

Rockingham Co. Fairgrounds Exhibit Hall

Sign up on K4 or at the Wellness Center.

Residential Association Council Meeting

Monday, June 10, 1 PM

Strite Auditorium and Livestream on Channel 702

Loving Your Enemies Through Art: Building Bridges to Middle East Understanding Presented by Mel Lehman, Common Humanity

Tuesday, June 11, 2 to 3:30 PM

Detwiler Auditorium

Outdoor Patio Summer Social for VMRC IL Residents

Tuesday, June 11, 4:15 to 5:15 PM

Outside the VMRC Café Area

Sign up on K4 or at the Wellness Center.

Elder Exchange - "What is Artificial Intelligence and How Can it be Used" Presented by Phillip Frana

Thursday, June 13, 6:30 to 8 PM

Detwiler Auditorium

Trip to Shenandoah Valley Bach Festival, Concert #2

Friday, June 14, 6:30 to 9:50 PM Cost: \$20

Sign up on K4 or at the Wellness Center.

Shenandoah Valley Ukulele Players Summer Concert

Monday, June 17, 2 PM

Strite Auditorium

An Ageless Legacy: Reflections on 70 Years of Life at VMRC

Tuesday, June 18, 6:30 PM

Detwiler Auditorium

Former CEO, Judith Trumbo, will moderate a discussion among former and present staff, board members and residents who represent different eras in VMRC's history. What have we learned? What does the future hold? Residents and community members are encouraged to attend.

A LOOK AHEAD (CONTINUED)

Trip to Bluestone Vineyard Trivia Night - Bridgewater, VA

Friday, June 21, 4:40 to 9:30 PM Cost: \$3

Sign up on K4 or at the Wellness Center. Light refreshments provided.

VMRC Sustainability Club Meeting

Wednesday, June 26, 1 PM

Heritage Haven Conference Room

Welcome to Summer Tea Social

Thursday, June 27, 10 to 11:30 AM Cost: \$10

Village Hall

Hosted by Deb Layman and Lavonne Lehman. Sign up on K4 or at the Wellness Center.



Publication Information

Compiler: Heather Snow, Administrative Assistant (Life Enrichment/Wellness Center)

Editor: Lolly Miller, Arts and Education Program Manager

Editor's Note: The purpose of this publication is to inform residents, staff, and community members of an array of events at the VMRC campus, as well as opportunities off campus for your enjoyment. The Editor retains editorial rights on content.

Review The Junction and add your own regularly scheduled activities on this calendar.



Special Events

May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Morning Worship with Roger Dove (SA)	Location DET Detwiler Auditorium FRM VMRC's Farm at Willow Run SA Strite Auditorium WC Wellness Center	WC-A Wellness Center Activity Studio 1 10:30 Hilltop Reflections (FRM) 1:00 Trip to Manno-Brethren Heritage Center Cost: \$10	2 3 11:00 VMRC Bargain Center Open 4:00 JMU University Chorus Concert (SA)	4	5	6
10:00 Morning Worship with J.D. Glick (SA)	6	7 9:30 Weekly Shopping Trip- WalMart	8	9 6:30 Elder Exchange - Human Sexuality in Today's Church (DET)	10 12:30 Wellness Center Closed 12:30 to 5:00 p.m. (WC) 3:00 VMRC "Around the World" Parade	11
10:00 Morning Worship with Ken Horst (SA) 3:30 Vespers Service - Biblical Storytellers (DET)	12	13	14 9:30 Weekly Shopping Trip- Kroger	15 1:30 Blue Ridge Hearing Presentation (WC-A)	16 7:00 Mason Street Brass Quintet Concert (DET)	17 9:00 Trip to The Farm at Willow Run 11:00 VMRC Bargain Center Open
10:00 Morning Worship with Rebecca Tyson (SA)	19	20	21 9:15 EMS Peacebuilding Gathering #4 9:30 Weekly Shopping- Martin's	22	23	24
	25	26 10:00 Morning Worship with Rebecca Tyson (SA)	27	28 9:30 Weekly Shopping Trip-Food Lion	29	30 11:00 VMRC Bargain Center Open 6:30 1970's Theme Spring Fling for VMRC IL Residents (DET)